

C.A.A.  
Canarias Aikikai Aikido

# Aikido

Residencial Spring **Course** with full accommodation  
in Tenerife South  
29 de May - 02 de June 2019

With:

**SHIHAN Sean MacRuairí** (John Rogers) **7° Dan**  
Technical Director of IrAF



**Training Time table:**

Wednesday 18:00 -19:30  
Thursday, Friday, Saturday  
10:00 - 12:15 / 14:00 - 16:15  
Sunday 11:00 – 13:15

**Trainings Place:**

AlmaZen Center /  
Tenerife south  
Los Cristianos,  
Calle Noruega 68,

more information:

[www.canariasaikido.com](http://www.canariasaikido.com)

or call / Whatsapp: to Rüdiger Tel. +34 609217448  
email: rudigerwelke@telefonica.net

# Canarias Aikikai Aikido

## Residential Spring Course with full accommodation

### 29 May to 2 June 2019

The annual training course presented in Tenerife by MacRuairí, 7 Dan, shihan, each May/June will be held this year from Wednesday evening 29 May until Sunday lunchtime 2 June.

This is a most enjoyable occasion, combining training with holiday and many participants bring family members with them.

This year the training will be in the Almazen dojo, Calle Noruega 68, Los Cristianos. We can arrange accommodation as usual in Hotel Jardin Caleta, details below and we would appreciate immediate bookings/expressions of interest so that we can try to secure enough rooms in that hotel for our group. Of course, participants are free to attend the training and make their own accommodation arrangements, if they prefer to stay in Los Cristianos. I expect that those of us staying in La Caleta will be hiring at least one car to share for travel to and from the dojo. Cars can be hired from the airport and the cost for a week works out at less than the taxi fares between the airport and the hotel. <https://www.autoreisen.com/car-hire/rates-fleet.php>

#### Accommodation:

Accommodation is in the Hotel Apartments (two people sharing,) which are modern, comfortable twin /double room apartments. Each apartment consists of bedroom with balcony, bathroom, a small kitchen and a comfortable lounge area. Each bedroom is supplied with sheets, bedclothes and towels. Room cleaning and Television included, Safe and Laundry extra. The apartments superiors are the reforms have few to the ocean frontal/lateral, Wifi, and the standards not.

Website: [www.Hovima-hotels.com](http://www.Hovima-hotels.com).

#### PLEASE CIRCLE YOUR CHOICE BELOW:

##### Overseas Aikikai:

##### 1. Residential full\* accommodation included full course:

with standard room: € 305,- superior room € 335.-, Single room supplement of € 100.- (4 nights from arrival 29 May to departure 2 June)

One apartment standard (view pool and/or garden) for 2 adults with full accommodation + (1 drink with each

meal (water & wine or beer or refresh): **47,00€ per person per day**

One apartment superior (view ocean frontal or lateral) for 2 adults with full accommodation + (1 drink with

each meal (water & wine or beer or refresh): **54,00€ per person per day**

o Discount for 3<sup>rd</sup> adults accompanying 2 adults: 25%

o Discount kids (2 – 13.9 years) accompanying 2 adults: 50%

o Single room supplement: 25€ per day.

\*\*The superior apartments have been refurbished, and the standards not.

**It is possible to stay before or after the training's days and/or to be accompanied by non-training friend or family.**

##### 2. Full course without accommodation

Regular: € 130.- (all Children half price until age 14)

##### 3. Part course:

Training only day € 35, ½day €25.

**Pay in:** With name and subject "your name and SPRING COURSE 2019 (transfer of 60.-€. deposit, or full payment) to C.A.A. BBVA Bank **IBAN:** ES77 0182 5803 03 0204666202

The organiser reserves the right to refuse admission or to cancel a booking.

Send a copy of your payment confirmation with completed booking form to:

C.A.A., **RW** Pueblo Canario Loc.222, 38660 Playa de las Americas, Tenerife. Fax: 0034922751289,

WhatsApp: 0034609217448, or Email to [rudigerwelke@telefonica.net](mailto:rudigerwelke@telefonica.net)