

C.A.A.  
Canarias Aikikai Aikido

# A i k i d o

Residencial Spring **Course** with full accommodation  
in Tenerife South  
29 de May - 02 de June 2019

With:

**SHIHAN Sean MacRuáiri** (John Rogers) **7°Dan**  
Technical Director of IrAF



**Training Time table:**

Wednesday 18:00 -19:30  
Thursday, Friday, Saturday  
10:00 - 12:15 / 14:00 - 16:15  
Sunday 11:00 – 13:15

**Trainings Place:**

AlmaZen Center /  
Tenerife south  
Los Cristianos,  
Calle Noruega 68,

more information:

[www.canariasaikido.com](http://www.canariasaikido.com)

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