

Sample course schedule:

Friday: 18.00 – 19.30

Saturday, Sunday, Monday, Tuesday: 8.15am –10.30am, 4.45pm - 7.00pm.

Wednesday: 09.00am – 11.00pm

A detailed schedule will be provided at registration. All participants will be provided with a copy of the CAA *Conduct in Aikido Training and Spring Course Notes* and are requested to comply with these terms.

Visitors from other organisations:

Persons from other organisations are very welcome to attend at this course

Facilities:

The “Jardin Caleta” Hotel (3 stars) was built in 1996 in the south of Tenerife in the fishing village “La Caleta”. It is 10 minutes distance from the tourist center Playa de las Americas. There are in and out door training areas a good pool area, Bars, Restaurants and Lounge. For more information look the own Hotel

Website: www.Hovima-hotels.com.

For further information, contact Rüdiger Welke C.A.A.

Tel/Fax: + 34 922 751289 or +34 609217448.

www.canariasaikido.com E-mail: canarias_aikikai_aikido@gmail.com or, rudigerwelke@telefonica.net.



Canarias Aikikai Aikido
**International Residential Spring Course
in Tenerife South**
25. – 30. May 2018

with Mr. Sean MacRuarirí Shihan 6°Dan Aikikai
Technical Director of IrAF



Progress comes to those who train and train

M. Ueshiba O-Sensei, Founder of Aikido

Canarias Aikikai Aikido
Residential Spring Course with full accommodation
25. – 30. May 2018

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Residential Spring Course with full accommodation
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Booking form

Name: (please print)

Address:

.....

Telephone no.:..... **email**

Amount paid: **Date:**

PLEASE CIRCLE YOUR CHOICE BELOW:

Overseas Aikikai:

1. Residential full* accommodation included full course:

with Standard room: € 350,- superior room € 385.-, Single room supliment of € 125 .-(5 nights from the 25. to 30.05.2018)

One apartment standard (few pool and/or garden) for 2 adults with full accommodation + (1 drink in each meal (water & vine or beer or refresh): **47,00€/pax/day**

One apartment superior (few ocean frontal o lateral) for 2 adults with full accommodation + (1 drink in the meals (water & vine or beer or refresh): **54,00€/pax/day**

- o Discount for 3er adults accompanied de 2 adults: 25%
- o Discount kids (2 – 13.9 años) accompanied de 2 adults: 50%
- o Supplement for individual: 25€/día

**The apartments superiors are the reforms and the standards not.

It is possible to stay before or after the trainings days or with friend or family.

2. Full course without Residential full* accommodation

Regular: € 130.- (all Children half price until age 14)

3. Part course:

Training only day € 35, ½day €25 .

Pay in: With name and subject “your name and PRIMAVERA 2018 (transfer of 60.-€. deposit, or full paying)

C.A.A. BBVA 0182 5803 03 0204666202 **International:** ES77 0182 5803 03 0204666202

The organiser reserves the right to refuse admission or to cancel a booking.

Send the copy of your Paying included with completed booking form to:

C.A.A., **RW** Pueblo Canario Loc.222, 38660 Playa de las Americas, Tenerife. Fax: 0034922751289,

WhatsApp: 0034609217448, or Email a rudigerwelke@telefonica.net.

The AIKIDO Spring School of 2018 will be held at the Jardin Caleta Hotel in the south of Tenerife. The course will be taught by Mr. Sean MacRuairi 6dan. The format and content of the course is designed to cater for all grades of Aikido practitioners.

Accommodation:

Accommodation is in the Hotel Apartments (two people sharing,) which are modern, comfortable twin /double room apartments. Each apartment consists of bedroom with balcony bathroom, a small kitchen and a comfortable lounge area. Each bedroom is supplied with sheets, bedclothes and towels. Room cleaning and Television included, Safe and Laundry extra. The apartments superiors are the reforms have few to the ocean frontal/lateral, Wifi, etc the standards not.

What you need to bring:

Jo, Bokken and Tanto if it's possible; At least two keikogis if you are staying for the full course; Zori or other footwear for walking to the dojo and for outdoor practice.

Registration:

Registration is from **3.00 pm to 4.00 pm on Friday 25th**. Registration will take place at the Hotel reception (see the site map of the campus) Members should bring their membership books. The **first Aikido practice starts Friday at 6.00 pm**.

Transport from airport to the Hotel Jardin Caleta

The Bus transfers from the Reina Sofia South airport first go to Los Cristianos or Las Americas Bus station with the Bus no. 487, and then take the bus 416 or 441 to La Caleta. If you arrive the north to Los Rodeos airport, go first to Santa Cruz then by Bus to Los Cristianos or Las Americas and then take the bus 441 or 416.

Schedule:

In the Aikido training, there may be weapons practice, basic and advanced aikido training. We have an outside Dojo 200m² in the Tenerife Top Training T3 La Caleta, 20 minutes walk distance from the Hotel.

